

# Invictus Dance Project

## Dress Code

NO SOCKS ONLY FOOTWEAR, EXCESSIVE JEWELRY, &/OR LONG ACRYLIC NAILS ARE ALLOWED IN ANY CLASS. STUDENTS WILL NOT BE ABLE TO PARTICIPATE IN CLASS WITH ANY OF THESE DUE TO SAFETY ISSUES.



### Dance Littles: (6 & under)

- Hair in a low ponytail or bun, no loose hairs on the face.
- Skin tone convertible or footless tights optional
- Leotards ( any style)
- Leggings, Athletic Shorts, or Tight Joggers
- Depending on class: Pink canvas or leather ballet shoes with elastic attached, barefoot, tap shoes
- Optional - ballet skirts (must be detachable)

### Lyrical/Contemporary/Modern/ Jazz/Acro/Improv/Leaps & Turns:

- Any form of dancewear (i.e. leggings, athletic shorts, leotards, tank tops, etc...)
- NO LOOSE CLOTHING PLEASE.**
- Hair pulled back; braided, bun, ponytail, etc.
  - Lyrical shoes, Jazz shoes, turners, dance paws, barefoot or Cheer shoes.
- (If not sure, please ask the teacher what appropriate footwear is required for class)

### Zumba:

- Clean Tennis shoes only (No rocks or dirt residue on the bottom of shoe) (lace-up athletic footwear preferred)
- Athletic wear only (BOYS/GIRLS/ AGENDER: basketball shorts, joggers, sweat pants, leggings, athletic shorts, etc...)

### Ballet: (7 & above)

- Hair in a tight bun, no loose hairs on the face. This includes but is not limited to bangs or baby hairs.
- Skin tone convertible tights for Ballet I, II, III; black or skin tone tights for Level IV and higher (including Pointe)
- **LEOTARDS ARE MANDATORY** (any color or design, any style)
- Skin tone ballet shoes (must match tights)
- No t-shirts and/or cover-ups
- Ballet Skirts are optional if approved by the teacher

### Hip Hop:

- Clean Tennis shoes only (No rocks or dirt residue on the bottom of shoe) (lace-up athletic footwear preferred)
- Athletic wear only (BOYS/GIRLS/ AGENDER: basketball shorts, joggers, sweat pants, leggings, athletic shorts, etc...)
- **No skirts, jean pants, or jean shorts allowed!**

### Tap:

- Any form of dancewear (i.e. leggings, athletic shorts, leotards, tank tops, etc...)
- NO LOOSE CLOTHING!**
- Hair pulled back whether braided, in a bun, in a ponytail, etc...
  - Tap Shoes

## **DANCE BAGS:**

• We recommend that dancers carry their dancewear, shoes, extra hair ties & bobby pins, bandaids, inhaler (if needed) & a water bottle with the child's **NAME ON IT** in a designated dance bag. Please keep their dance bags stocked with these items at all times in case of the child needing them.

• Please put names on all items due to misplacement of items. Leave valuables at home.

INVICTUS DANCE PROJECT IS NOT RESPONSIBLE FOR ANY LOST, MISPLACED, OR STOLEN ITEMS.

KEEP CELL PHONES IN DANCE BAG ON SILENT OR VIBRATE *unless being used to record in a dance class at the teacher's discretion.*

If you have any further questions or concerns please contact us via the website or email below, thank you.

**INVICTUSDANCEPROJECT.COM**

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